

Survey to Chief APOs

Issue: Parenting Inside Out

Question (from Franklin County):

Are any counties using or familiar with the "Parenting Inside Out" program.

Elk County

Elk County is not familiar. We have Parents as Teachers and Parents Who Care available.

Lackawanna County

Lackawanna County does not

Lancaster County

I am not familiar with this program. A local provider (Coby's Family Services) runs several parenting programs in Lancaster but this name is not familiar to me.

Philadelphia County

I am not familiar with this program

Snyder County

We make referrals to our local community action agency and they will work with the parents in the prison. (see Appendix)



Union-Snyder
COMMUNITY ACTION
AGENCY



FREE 10 SESSION PARENTING PROGRAM

PARENTING INSIDE OUT

Develop a deeper self-understanding to help your children thrive.

Sessions vary by time and location.

Please call (570) 374-0181 for more information.



**Pennsylvania
Children's Trust Fund**

This program is made possible with funding from the Pennsylvania Children's Trust Fund



ADDRESSING THE UNIQUE SITUATIONS AND ISSUES OF SYSTEMS INVOLVED PARENTS

Parents will develop skills and self-understanding through the following techniques:

- Effective Speaking and Listening
 - Problem Solving Practice
 - Parent and Child Bonding
- Defining the Parent vs. Child Roles and Responsibilities
 - Establishing a Family Routine
- Providing Direction and Encouragement
- Establishing Rules, Rewards, and Consequences
 - Positive Discipline Techniques
 - Time Out and Privilege Removal
 - Going Home to Your Child*

**Contact us for information about Parenting Inside Out for incarcerated parents*

**For more information, please contact
Susie Weller, Direction of Education and Employment, at (570) 374-0181.**